

Biography

Rita Graham is the Policy Director for the Service Women's Action Network (SWAN), where she leads federal advocacy on issues affecting servicewomen and women veterans, including healthcare access, military personnel policy, and toxic exposure.

Ms. Graham served as a U.S. Army Field Artillery officer after commissioning in 2017. She was assigned to the 2d Cavalry Regiment in Vilseck, Germany, where she served as a Fire Support Officer, Platoon Leader, and Headquarters Executive Officer, earning recognition as the top Joint Fires Observer in her regiment and the top-performing lieutenant in her unit. She later served at Joint Base Lewis-McChord as a Battalion Fire Support Officer and Brigade Operations Officer. She completed both the Field Artillery Basic Officer Leader Course and Captain's Career Course at Fort Sill, Oklahoma.

Following medical retirement from the Army, Ms. Graham earned a Master in Public Policy from the Harvard Kennedy School, where her thesis on military healthcare received the school's award for top thesis in Peace and Human Rights. She joined SWAN in June 2025.