



Anita Sullivan is the widow of Navy Petty Officer 3rd Class Michael Sullivan, lost to service-connected suicide in 2019 after a long battle with mental and physical illnesses. She is raising their three busy children in North Florida while working full-time, volunteering as a peer mentor with TAPS, and passionately advocating for surviving families. She shares her (messy) story to help heal and connect, because others have done the same for her along the way.