

Rebecca Mullaney is the Gold Star Spouse of United States Army Captain Ian Morrison, who died by suicide on March 21, 2012. She previously worked for The Tragedy Assistance Program for Survivors (TAPS) where she managed media messaging and communications for military suicide loss survivors.

Rebecca Mullaney is a therapist, public speaker and mental health advocate. She owns and operates Stable Ground Counseling, a private psychotherapy practice in North Carolina focused on trauma recovery utilizing equine assisted psychotherapy. Additionally, she provides mental wellness consulting to the Elizabeth Dole Foundation and helps to shape the wellness offerings for military caregivers.

Rebecca has consulted for several VSOs to include Team Red White and Blue, Give an Hour, and Team Rubicon. Rebecca's drive for supporting military families stemmed from her time as an elementary school teacher and later school counselor supporting military children on Fort Hood, and more personally from her experience as a surviving military spouse.

She has had the distinct honor of focusing much of her professional life on advancing mental health and wellness supports for America's military members, veterans and their families, and feels encouraged by the progress made. Rebecca has been featured in multiple publications to include TIME Magazine, NBC News, and the Army Times, and frequently visits Capitol Hill to advocate on military issues. She has earned a bachelors (BSIS) degree in Elementary Education from Stephen F. Austin State University, a Master of Arts in School Psychology and Counseling from Mary Hardin-Baylor University, and an Educational Specialty (Ed.S) in Clinical Mental Health Counseling from The George Washington University.